
## **Practical guide on determining capacity to participate in the opt-out process**

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| **Specific ability required to participate in opt-out Consent Process** | **How to assess in clinical consult** |
| **Elements from patient and informant history tasking** | **Elements from cognitive assessment** |
| Access materials received in postal mail | Is patient still collecting and opening their mail? | Praxis, Executive Function |
| Read, comprehend and retain information contained in a two-page Participant Explanatory Statement | What is the patient’s usual ability with reading and comprehension, including reading of documents received in postal mail? | Language: Reading and ComprehensionAttention and ConcentrationMemory: Delayed Recall |
| Apply information about registry participation to own circumstances and make a decision | What is the patients’ current awareness of their own circumstances and values? | Executive Function including abstraction |
| Follow instructions on how to opt-out if so chosen | Can patient usually follow written instructions? | Language: Comprehension |
| Communicate a decision by phone call, email, or writing and sending on an opt-out form in postal mail | Can the patient still use a telephone to dial an unfamiliar number, or use a computer to send email, or return materials in the postal mail? | Executive function: planning and sequencing, and praxisLanguage: Speech or writing |